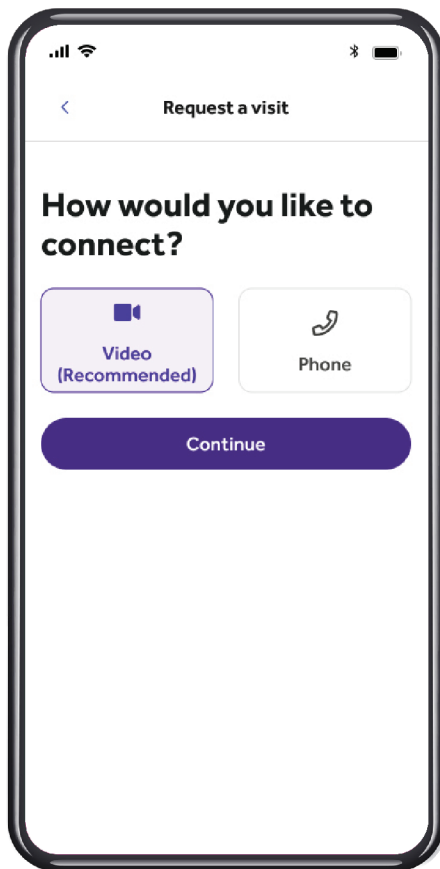


The right care when you need it most

Here for you anytime, anywhere, by phone or video.



Your Teladoc Health service(s):



General Medical (24/7 Care)

Need care for non-urgent and common conditions? Get same-day virtual visits from anywhere. Teladoc Health's doctors, nurse practitioners and other healthcare providers can diagnose, treat and even prescribe medicine if needed.

- Allergies
- Bronchitis
- Flu
- COVID-19
- Pink eye
- Rashes
- Sinus infections
- Sore throats





Dermatology /online review

Dealing with a skin issue? Start an online skin review with a dermatologist by uploading images and details of your concern. Get a treatment plan and prescription, if needed, in 24 hours or less.

- Acne
- Eczema
- Psoriasis
- Skin infections
- Rashes
- Rosacea

Get started

Visit [Teladoc.com](https://www.teladoc.com)

Call 1-800-TELADOC (800-835-2362) | Download the app  

Refer to your employee booklet at umr.com for Teladoc benefits

Phone and video visits are not required or part of the Teladoc Health Dermatology service. Teladoc Health is not available internationally.