Why create a Sun Life account?



Below are the different ways you can use your Sun Life account.

It's the easiest way to submit your claim!



Apply for Evidence of Insurability. Our site leads you step by step through the process.



Upload claim documents directly to your account—making it the fastest way to get your information to us.



Access Employee
Assistance Program
(EAP) resources, benefits
information and more.



View your claim status, payment information, and other important information about your claim in one spot.



It's mobile friendly, so you can do everything right from your smartphone or tablet!



Report your return to work date as well as time if you need to take an intermittent leave.





Have Dental with us? You can find your most recent dental visit history, view and print your personalized dental ID card, and search for an in-network dental provider.

Register for an account today at www.sunlife.com/createaccount For more information or to register by phone, call 800-247-6875, Monday through Friday from 8 a.m. to 8 p.m. ET.



Group insurance policies are underwritten by Sun Life Assurance Company of Canada (Wellesley Hills, MA) in all states, except New York. In New York, group insurance policies are underwritten by Sun Life and Health Insurance Company (U.S.) (Lansing, MI).